

Reception to Year 2 Daily Schedule Guide

Preparing to learn 8:15 – 8:40	Encourage 15 minutes on a mindfulness task or physical activity to help settle into learning mode
	Set up your work area – check you have your stationery, books, headphones, water bottle, brainy snack, charger, clock or egg timer etc.
Home Group 8:40 – 8:50	Log into SeeSaw: <u>Connect</u> by responding to the teacher’s welcome message, <u>complete</u> the Wellbeing Survey, <u>locate</u> the set tasks to <u>plan</u> your day. <u>Check</u> whether there are any Zoom meeting times.
Morning Session 8:50 – 10:50	<p>Structured learning time:</p> <ul style="list-style-type: none"> • Literacy & Mathematics tasks • Schedule body breaks after every 15 minutes of focused learning and a brainy snack around 10:00am <p style="font-size: small; color: gray;">Reception to Year 2 students will be set around 2 hours of structured work per day. For your child, this may look like 8 periods of 15 minutes of on-task time <u>throughout the day</u> with body breaks in between. Your child may, however, manage longer periods of focus time and / or the ability (and desire) to work beyond 2 hours.</p>
Recess	10:50 – 11:15 Outdoors / exercise
Midday Session 11:15 – 12:30	<p>Unstructured time:</p> <ul style="list-style-type: none"> • Creative time – making, baking, creating, building, designing, performing, drawing, crafting, imaginative play, • Problem-solving – puzzles, games, investigating
Lunch	12:30 – 1:30. Eating and outdoors / exercise
Afternoon Session 1:30 – 3:30pm	<p>Structured learning time:</p> <ul style="list-style-type: none"> • Tasks set by specialist teachers (Art, French/Chinese, Music, Library, Performance Arts, Physical Education, Digital Technologies) • Inquiry tasks (Sciences / Humanities) • Schedule body breaks after every 15 minutes of focused learning • Assembly video (Friday)
Afterschool	Outdoors / exercise: bikes, scooters, trampoline, walking, practice sport skills